

Number of sides for different polygons

PULSE	1		2		3		4		1		2		3		4
spoken words	1	2	3		trian	gle			1	2	3	4	quadri	later	al
	clap	chest	chest						clap	chest	chest	thigh			
PULSE	1		2		3		4		1		2		3		4
spoken words	1	2	3	4	5	penta	gon		1	2	3	4	5	6 hex	agon
	clap	chest	chest	thigh	thigh				clap	chest	chest	thigh	thigh	butt	
PULSE	1		2		3		4		1		2		3		4
spoken words	1	2	3	4	5	6	7							hepta	gon
	clap	chest	chest	thigh	thigh	butt	butt								
PULSE	1		2		3		4		1		2		3		4
spoken words	1	2	3	4	5	6	7	8						octo	gon
	clap	chest	chest	thigh	thigh	butt	butt	step							

NOTE: some students tap the pulse while others say the chant