



Teen Workshop: Body Music!

What is Body Music? Likely the first music, people the world over use their bodies to stomp, clap, sing, snap and chant their musical ideas. Music you can *see*, dance you can *hear*. There are traditional and contemporary styles of Body Music practiced all over the world – hambone, stepping, beatboxing, kecak, palmas, sasa and many more. Experience the myriad ways the body can be played in this **Free Workshop for Youth ages 12-18**.

Instructors:

MAX POLLAK (New York, NY) – Afro-Cuban RumbaTap

STEVE HOGAN (Oakland, CA) – American Beatbox

Tuesday, December 1, 2009

Destiny Arts Center, 1000 42nd St, Oakland

4:30pm-6pm, FREE

space is limited to 40 students – please register with Destiny Arts

510-597-1619 • info@destinyarts.org

For more information and a full schedule of the Festival, including a FAMILY MATINEE Sunday Dec. 6, check our website. Tickets available Nov 1st @ www.brownpapertickets.com.

The IBMF is produced by Crosspulse, an Oakland-based non-profit arts organization dedicated to the performance, recording and education of cross-cultural rhythmic arts.

